



Living Christianity

THE PITFALLS OF CHRISTIAN LIFE

An illustration of a person in a dark blue suit running on a grey path. The path is marked with a dashed white line and has several dark circular holes scattered along it. The background is a light teal color.

- ***DEFILEMENT***
- ***DISCOURAGEMENT***
- ***DISTRACTIONS***

A close-up photograph of a person's hands, which are heavily stained with dark, greasy marks. The person is wearing a green long-sleeved shirt and a brown, worn apron. The hands are held out in front of the apron. The background is a blurred workshop or industrial setting. The word "DEFILEMENT" is written across the center of the image in a large, bold, white, sans-serif font.

DEFILEMENT

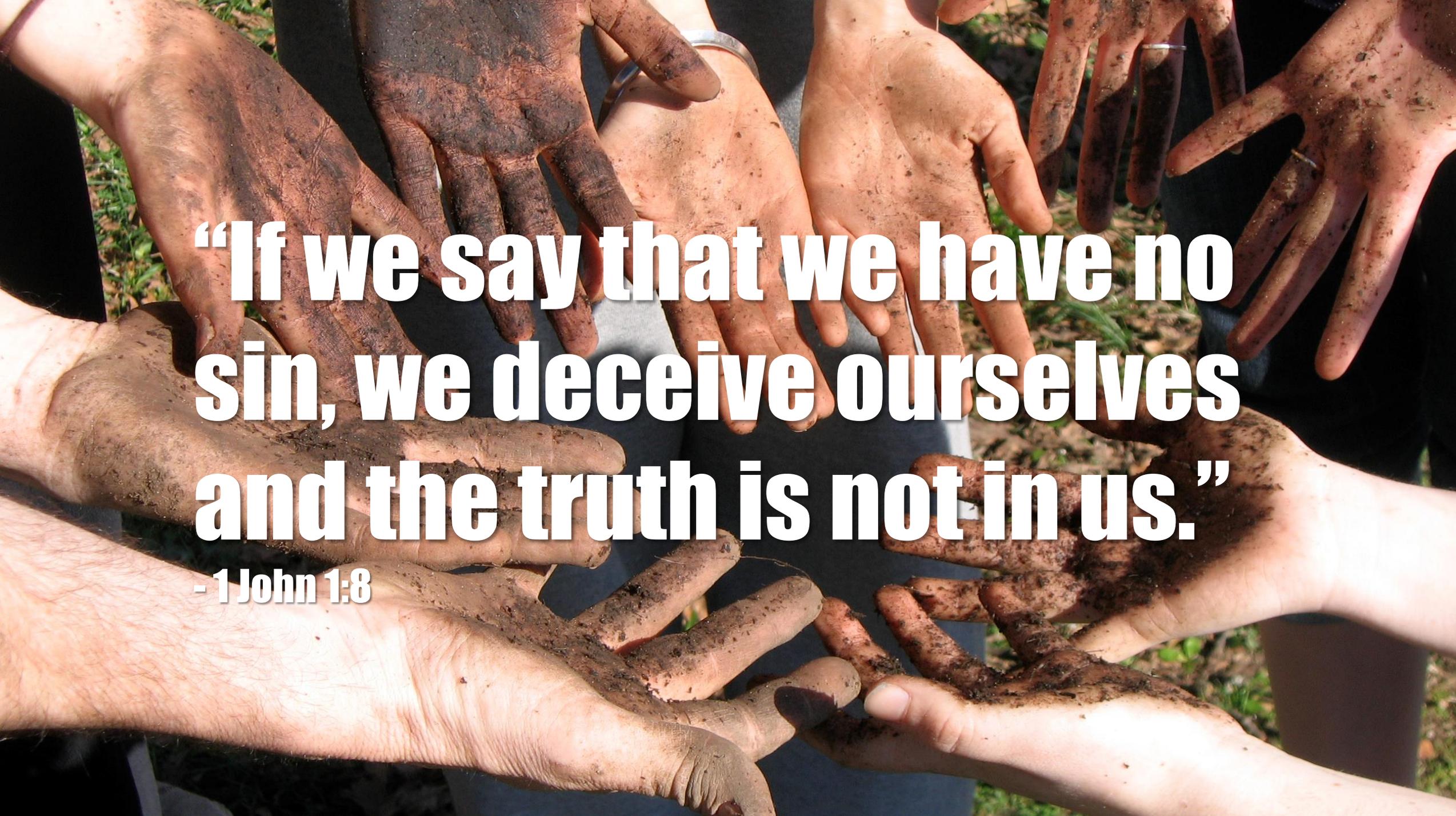
THE BATTLE OF CHRISTIAN LIFE



**OLD
NATURE**

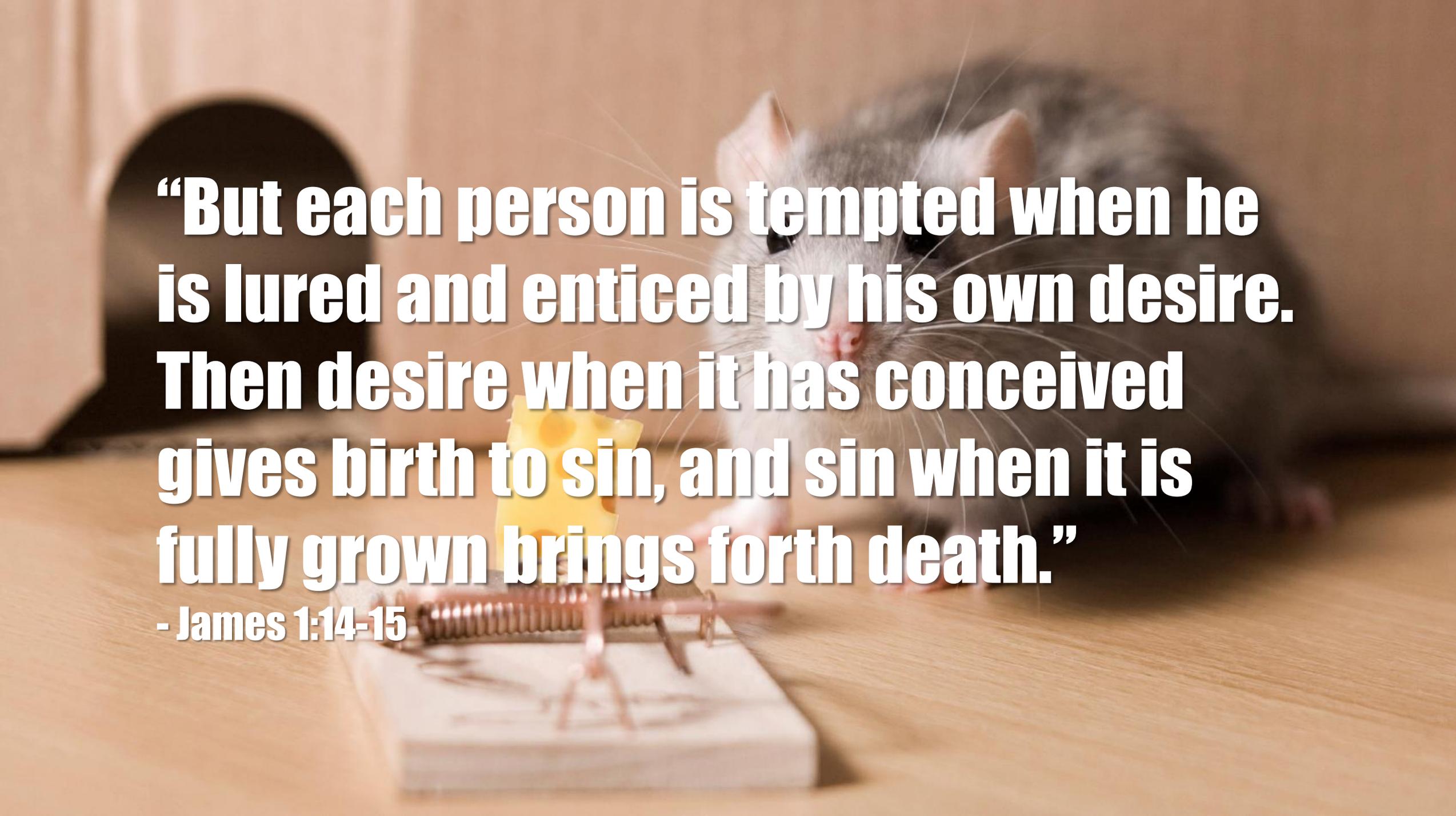
v

**NEW
NATURE**



“If we say that we have no sin, we deceive ourselves and the truth is not in us.”

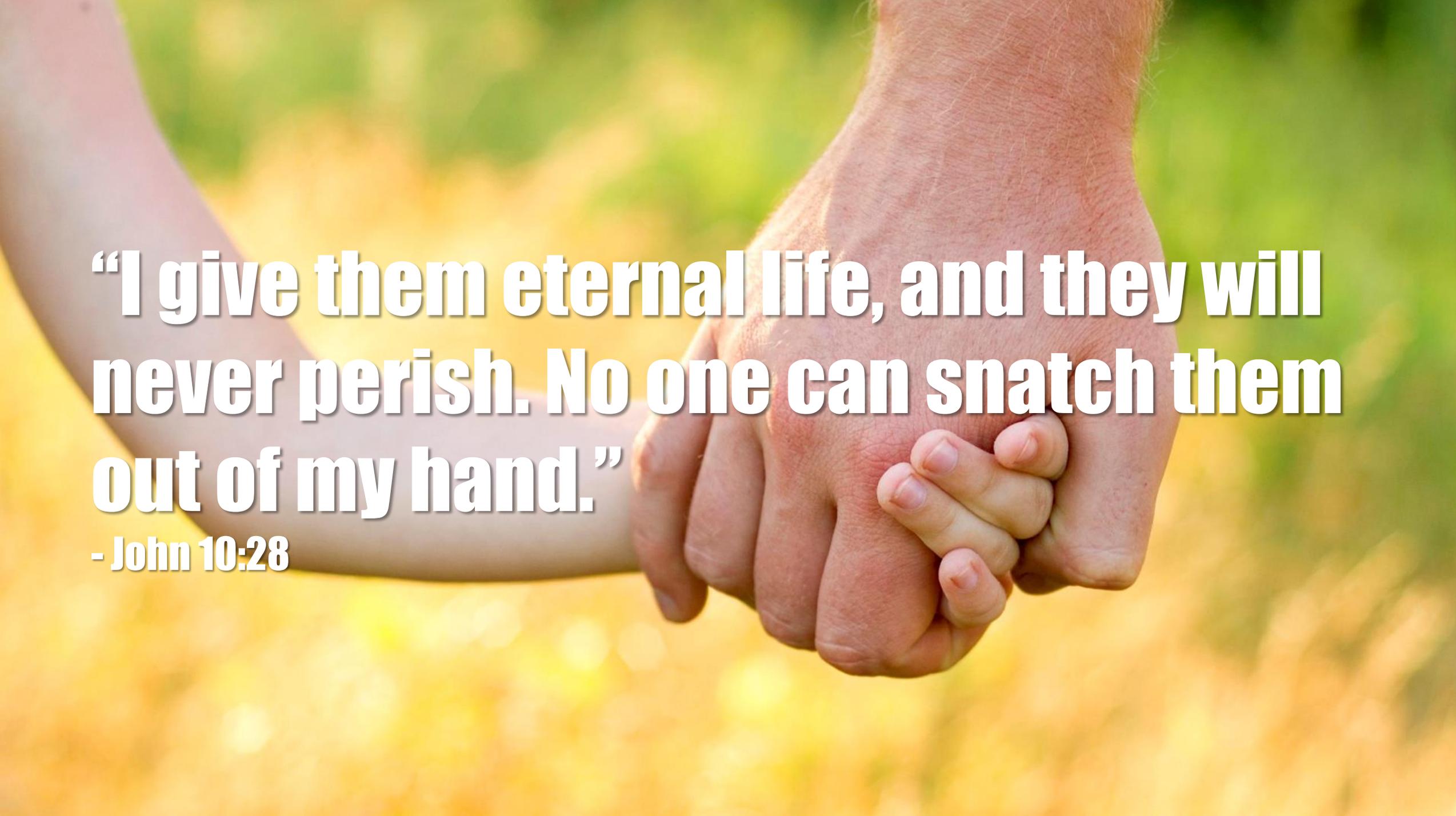
- 1 John 1:8

A close-up photograph of a grey mouse on a wooden surface. The mouse is positioned behind a metal mousetrap, which has a slice of Swiss cheese as bait. The mouse's eyes are focused on the cheese. The background is a plain, light-colored wall with a dark archway visible on the left side.

“But each person is tempted when he is lured and enticed by his own desire. Then desire when it has conceived gives birth to sin, and sin when it is fully grown brings forth death.”

- James 1:14-15





“I give them eternal life, and they will never perish. No one can snatch them out of my hand.”

- John 10:28

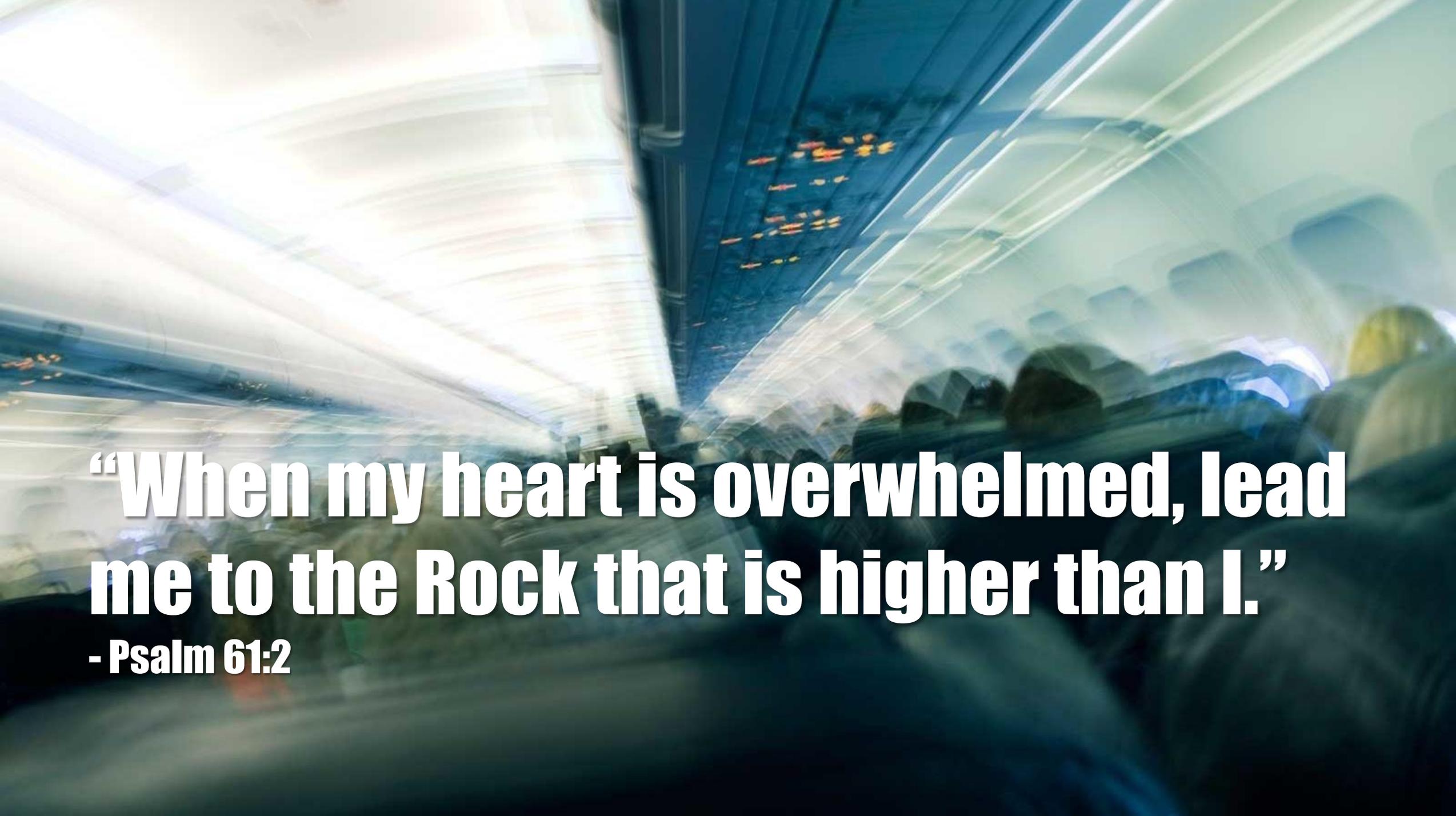
“If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”

- 1 John 1:9



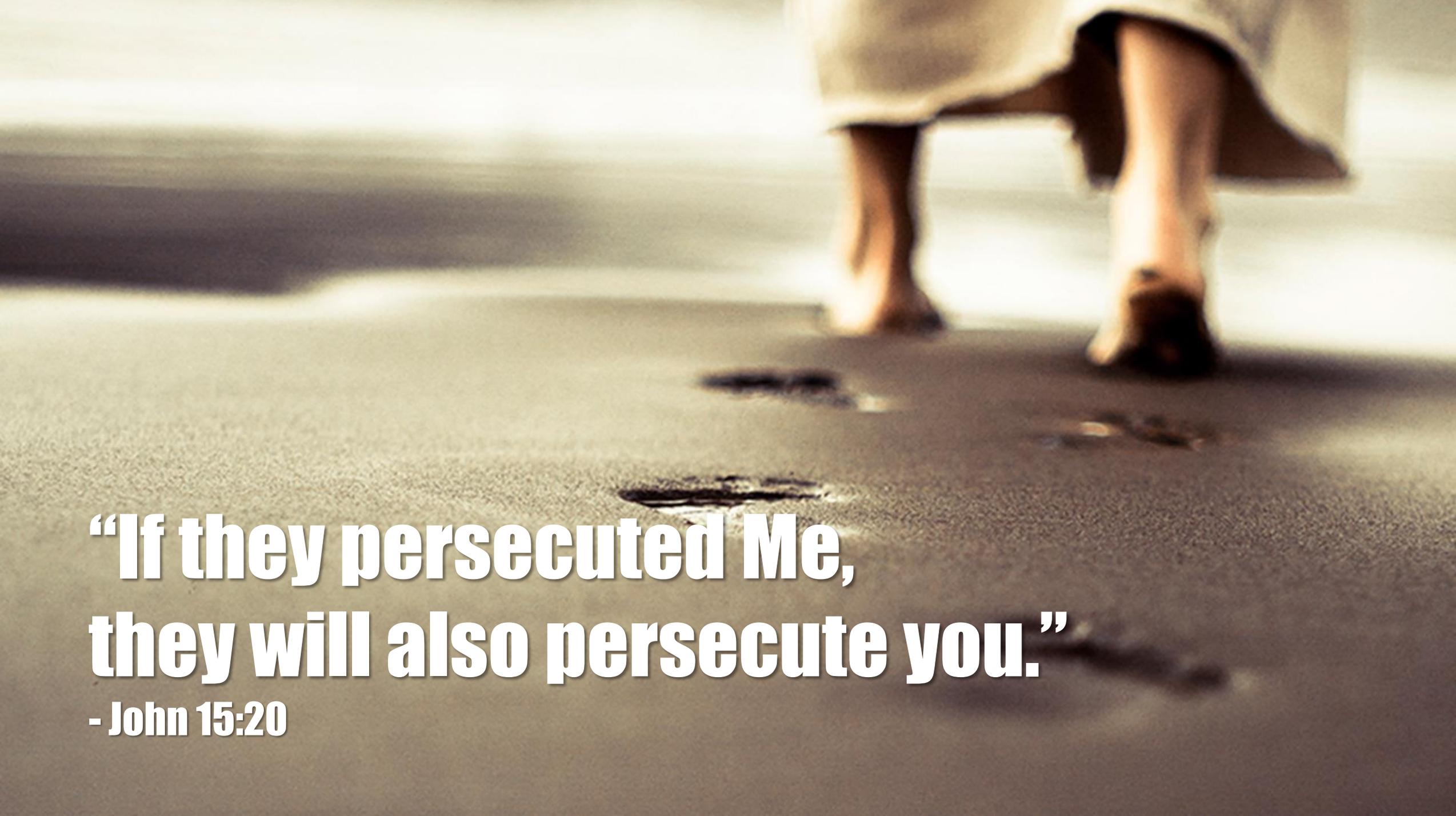


DISCOURAGEMENT



**“When my heart is overwhelmed, lead
me to the Rock that is higher than I.”**

- Psalm 61:2



**“If they persecuted Me,
they will also persecute you.”**

- John 15:20

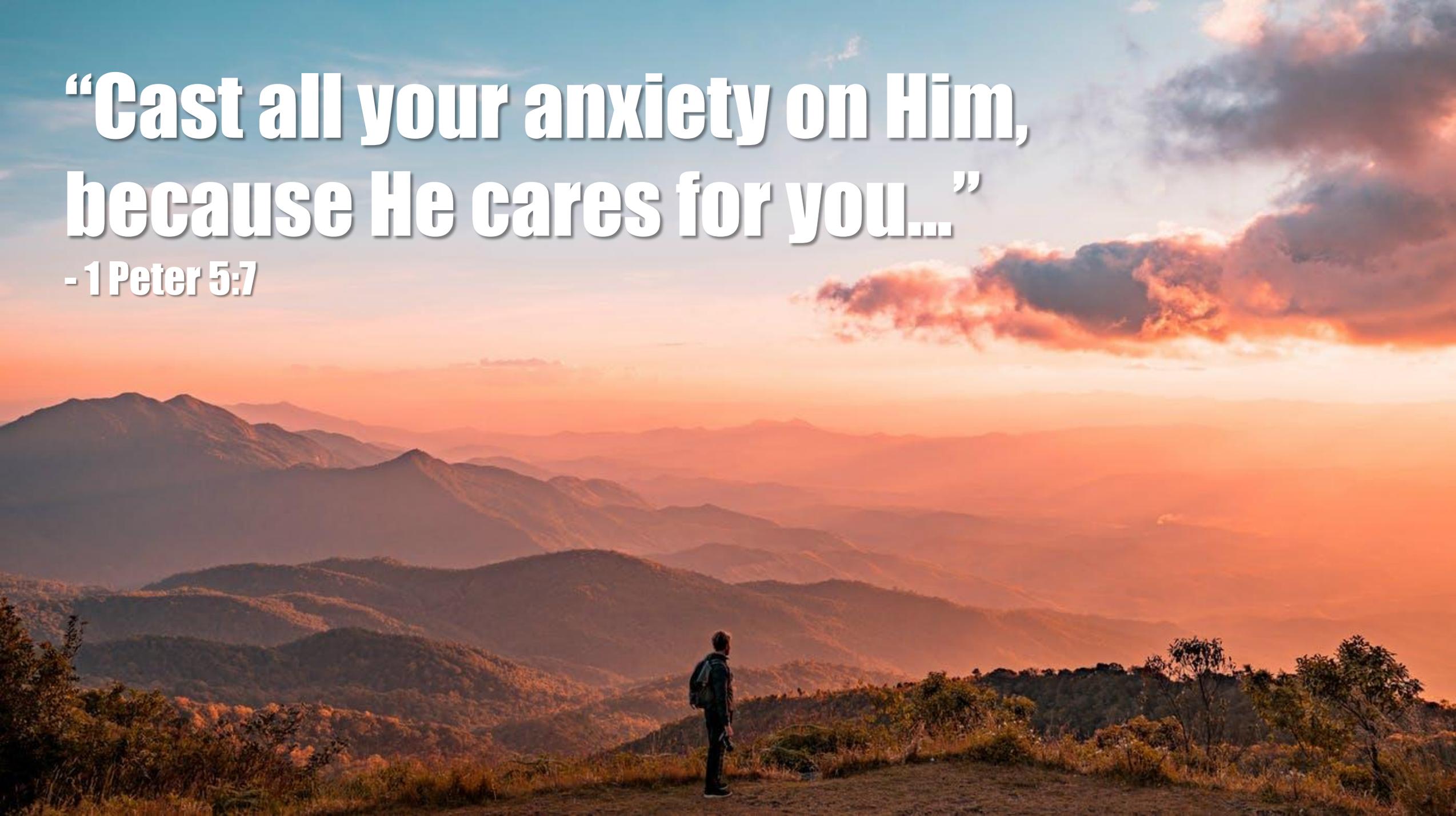
**“When He
has tested
me, I will
come forth
as gold...”**

- Job 23:10



**“Cast all your anxiety on Him,
because He cares for you...”**

- 1 Peter 5:7



“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God and the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus”

- 1 Peter 5:7

“I will never leave you, or forsake you...”

- Hebrews 13:5





The background features a dark blue surface with several blurred social media icons. On the left is the Facebook 'f' logo in blue with a white notification bubble containing the number '3'. In the center is the WhatsApp logo, a green speech bubble with a white telephone handset, with an orange notification bubble containing the number '10' above it. To the right is a white speech bubble icon with three grey dots. Below the icons, the words 'Facebook' and 'WhatsApp' are faintly visible in white text.

DISTRACTIONS

Facebook

WhatsApp



**“Do not love
this world, nor
the things it
offers you...”**

- 1 John 2:15

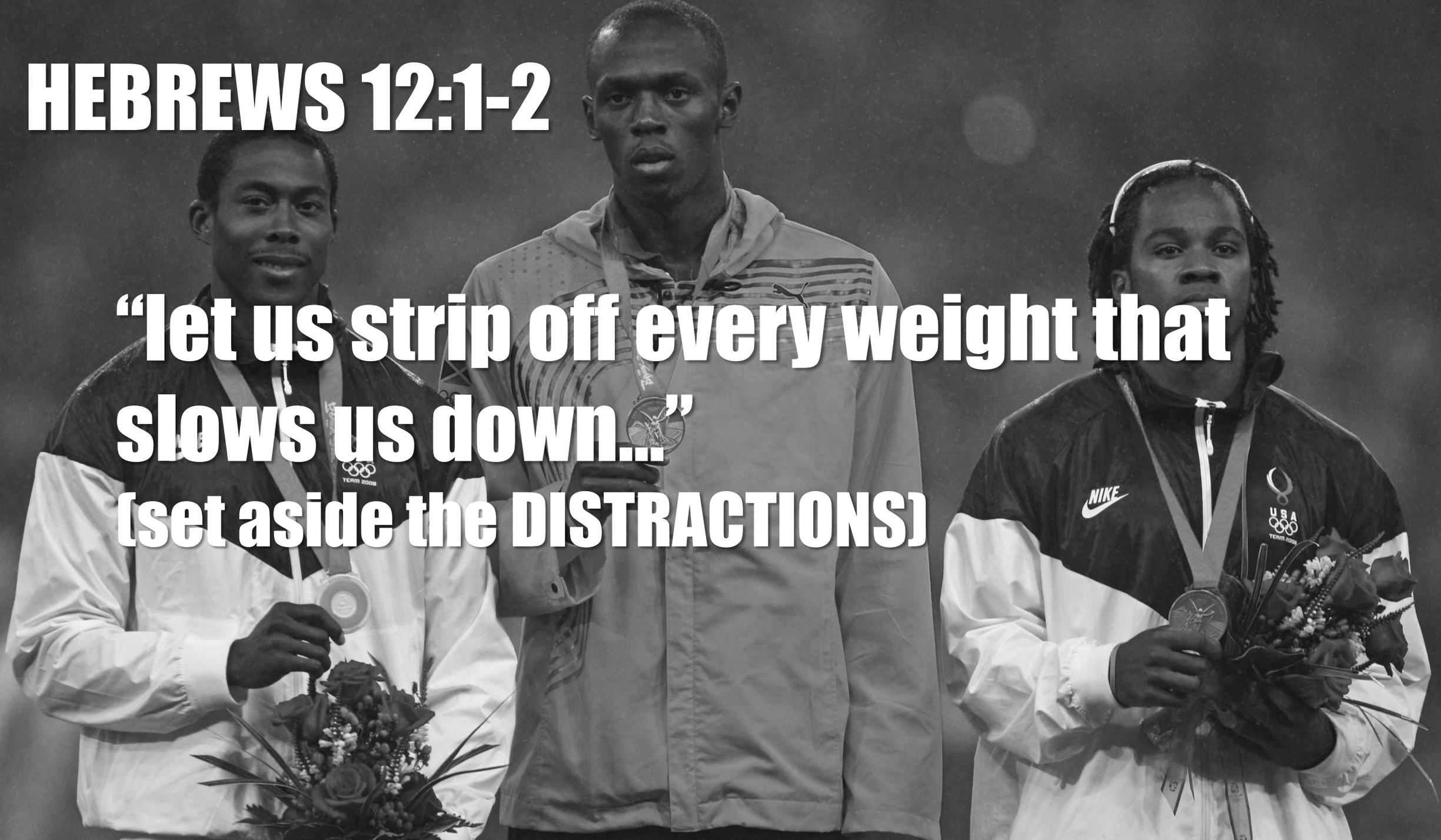
**“Set your affections on things
above, not on things on the earth.”**

- Colossians 3:2



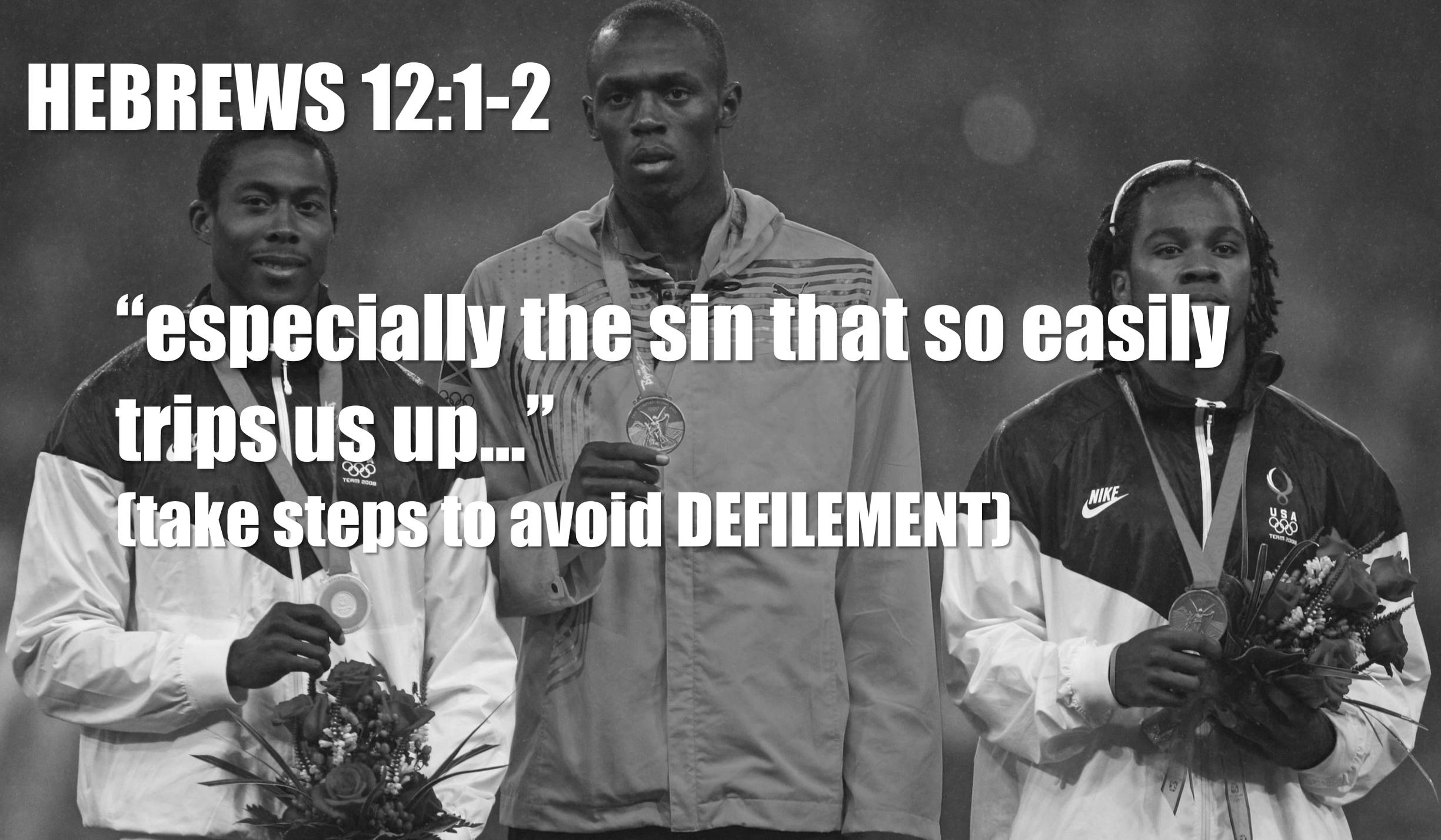
HEBREWS 12:1-2

**“let us strip off every weight that slows us down...”
(set aside the DISTRACTIONS)**



HEBREWS 12:1-2

**“especially the sin that so easily
trips us up...”
(take steps to avoid DEFILEMENT)**



HEBREWS 12:1-2

**“and let us run with endurance the race God has set before us.”
(not giving up due to DISCOURAGEMENTS)**



HEBREWS 12:1-2

**“We do this by keeping
our eyes on Jesus.”**

